

DESERT HIKING FOR NEWCOMERS

This hike is for non-desert hikers. Either first time hikers or inexperienced desert hikers are welcome. This is a slow hike. The hike will last about two hours with an hour and one-half for hiking and about half an hour for providing information and asking questions. This is a hike for you if you have putting off hiking in the desert because it looks intimidating and you've been looking for an introduction.

LEADER: Lynn Krause.

Lynn has led Sierra Club dayhikes and weeklong back packs as well as local hikes for the cities of Gilbert and Tempe since the 1970's.

EQUIPMENT

water	socks	clothing	first aid
hat	sunscreen	daypack	optional GPS
	walking stick	mirror or whistle	and cell phone
boots	tp and baggy	snacks	

PREPARATION

expectations	start early!	break-in boots	knowledge of
sleep	first aid	obtain a map	critters
map	water		

explain to someone where you are going and time away from home
check in when you return
pack your pack the night before
DON'T FORGET THE WATER

HIKING ROUTE

Drive to Lost Dutchman State Park, then park at Cholla Day Use Area and walk to the group picnic area. We will spend about 20 minutes going over the above information. We will begin hiking on the Treasure Loop Trail, including a small steeper and rockier section with astounding views, then turn around and back to Jacob Crosscut Trail to a small amphitheater so we can sit and discuss the trail and questions. We will then return a mile on Jacob Crosscut trail retracing our steps back to the Cholla picnic area then sit again for any discussion and comments.

TOTAL DISTANCE: 2 ½ miles

TOTAL ELEVATION GAIN: Fifty Feet